



# The Wild B.O.A.R. Would Like To Welcome You To Our 50 Year Anniversary of Army Outdoor Recreation **Challenge!**



**We challenge you, the community, to get outdoors and push yourselves to new limits through hiking, biking, yoga, or rock climbing!**

**Are you up for the challenge?  
Complete the form below and turn it in to the Wild B.O.A.R.  
More Details can be found on the back!**

<b>500KM Biking</b>	<b>50Miles Hiking</b>	<b>50 Rock Climbs</b>	<b>50 Yoga Sessions</b>
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**The first 200 participants to complete one of our outdoor challenges will receive a Wild BOAR Nalgene celebrating the Army ODR 50 Anniversary!**

**The first 20 challenge finishers for each discipline will also receive a limited Wild BOAR sticker!**

## **500km Bike Challenge**

Hop on your bike and race through the Bavarian forests to gather up 500km to complete this challenge!

Please ride safe and if you need a bike the Wild B.O.A.R. has plenty to rent! We also have trained repair specialists if you need anything fixed!

## **50 Mile Hike Challenge**

Europe is full of wonderful challenging and easier hikes for you to explore! Get out there and experience nature one step at a time!

Please hike safely and with a partner! If you need help getting your miles check out the hiking trips we offer this summer!

## **50 Pitches of Rock Climbing**

Indoors or outdoors, upside side down or right side up, we want you to get out there rock climbing! Go scramble up routes or boulders and let us know what you did!

Please climb within your ability and technical skills. If you need help learning to climb, contact the Wild B.O.A.R. for a class! We also have indoor rock climbing and bouldering to help knock off those 50 pitches!

## **50 Yoga Sessions**

Break out the yoga mat and hold some poses! We challenge you to work on your ability this year 30 minutes at a time.

Please work within your own ability. If you need sessions to join check out our Yoga Stand up Paddleboard events, Yoga Hiking events, or local fitness classes!

# WILD B.O.A.R. OUTDOOR 50 CHALLENGE

Building RC600, Tank Road, Tower Barracks.

## The Golden Rules

- Report your activity stats to the Wild B.O.A.R. Weekly.
- Each participant must have their own app/GPS tracker for an activity to count.
- Kilometers/miles recorded on indoor cycling or stair masters will not be accepted.
- Unsportsmanlike conduct or violations will not be tolerated and may lead to disqualification.
- Last chance to submit your stats is 31 August 2021.
- This challenge is open to U.S. ID Card Holders of all ages stationed in USAG Bavaria.

(Prizes are limited to 2 per family.)

<b>Name</b>				
<b>Phone Number</b>				
<b>Email</b>				
<b>Status &amp; Sponsor</b>				
<b>Which Challenge are you attempting?</b>	Biking [   ]	Hiking [   ]	Climbing [   ]	Yoga [   ]
<b>Suggested Tracking Methods</b>	Strava	MyClimb	Other:_____	

I acknowledge that these activities can be a potentially risky, and I freely assume those risks and accept full responsibility for my health, performance, and equipment during the "challenge". Army Outdoor Recreation is not responsible for any injuries or damages occurred during participation in this "challenge". I further agree to allow the Outdoor Recreation and MWR programs to utilize any photographs or videos of me while participating in any Outdoor Recreation Trips or Programs for promotional purposes.

<b>Signature</b>		<b>Date</b>	
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