



  
**Mueller Fitness Center**  
*September 2022*



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Circuit Training 1745-1845	<b>2</b>
<b>5</b> Closed For Holiday	<b>6</b> Circuit Training 1745-1845	<b>7</b> Yoga 1745-1845	<b>8</b> Circuit Training 1745-1845	<b>9</b>
<b>12</b>	<b>13</b> Circuit Training 1745-1845	<b>14</b> Yoga 1745-1845	<b>15</b> Circuit Training 1745-1845	<b>16</b>
<b>19</b>	<b>20</b> Circuit Training 1745-1845	<b>21</b>	<b>22</b> Closed For Organizational Day	<b>23</b>
<b>26</b>	<b>27</b> Circuit Training 1745-1845	<b>28</b>	<b>29</b> Circuit Training 1745-1845	<b>30</b>

**Sheridan Kaserne Building 119**  
**CIV: 08821 750 2747 DSN: 440-2747**

**Fitness Classes: Starting at \$6**

**Bike Tune-Ups: Starting at \$25**

**Monday to Thursday: 0630-1900**  
**Friday: 0930-1900**  
**Closed Saturday, Sunday & US**  
**Holidays**

**Personal Training: Starting at \$40 a**  
**session. Available by appointment.**  
**Special deals available. Ask staff for**  
**Details.**