




Mueller Fitness Center
 June 2024



Monday	Tuesday	Wednesday	Thursday	Friday
3 Yoga Workshop 1200	4 Softball 1715-2000	5 Strength Circuit 1200	6 Softball 1715-2000	7
10 Yoga Workshop 1200	11 Softball 1715-2000	12 Pilates Workshop 1200	13 Softball 1715-2000	14
17 Yoga Workshop 1200	18 Softball 1715-2000	19 Closed for Holiday	20 Softball 1715-2000	21
24 Yoga Workshop 1200	25 Softball 1715-2000	26 Strength Circuit 1200	27 Softball 1715-2000	28
30 Yoga Workshop 1200				

Sheridan Kaserne Building 119

CIV: 09641 70521 2747 DSN: 521-2747

Fitness Workshops: \$10

Hours of Operation

Monday to Thursday: 0630-1900

Friday: 0930-1900

Closed Saturday, Sunday & US Holidays

24/7 access available for US ID card

holders 18+

Bike Tune-Ups: Starting at \$25

Personal Training: \$50 a session.