



U.S. ARMY
MWR
USAG BAVARIA

JULY 2019

NEWSLETTER



GARMISCH FAMILY AND MWR

ACS | CYS | LIBRARY | SPORTS & FITNESS

GARMISCH.ARMYMWR.COM | FACEBOOK.COM/GARMISCHFMWR

LIBRARY

Hours of Operation
Tuesday-Saturday: 11:30 a.m. - 6 p.m.

FREE WI-FI
PRINTING

PUBLIC COMPUTERS
LEARNING RESOURCES

NEW RELEASES
MUSIC CDs

AUDIOBOOKS
ACCOUNT ACCESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		2	3	4	5	6
		SATURDAY MATINEE 3 P.M., PETE BURKE CENTER Contact the library for films & ratings.				SATURDAY MATINÉE 3 P.M.
7	8	9	10	11	12	13
			SUMMER READING PROGRAM K-5 10 A.M.	READ-TO-ME AGES 5 & BELOW 10:30 A.M.		SATURDAY MATINÉE 3 P.M.
14	15	16	17	18	14	20
			SUMMER READING PROGRAM FINALE K-5 10 A.M.	READ-TO-ME FINALE 10:30 A.M. TEEN READ FINALE 2 P.M.		SATURDAY MATINÉE 3 P.M.
21	22	23	24	25	26	27
		ADULT SUMMER READING BOOK DISCUSSION GROUP 7 P.M.				SATURDAY MATINÉE 3 P.M.
28	29	30	31			

SUMMER READING - FUN FOR ALL AGES

Fun and excitement are in store for those who take part in the Garmisch Library Summer Reading Program! During the months of June and July, the library will host a variety of free activities for children of ALL AGES, to encourage and support a love of reading. Register online at <https://garmischlibrary.beanstack.org> Sign-up. Log minutes. Earn prizes!



IT'S SHOWTIME AT YOUR LIBRARY!

Grades K-5

July 10, 10-11 a.m.

July 17 - **FINALE!**, 10-11 a.m.

The Summer Reading Program for children entering grades K-5 is designed to inspire readers to aim for peak performance and avoid "summer slide," or diminished reading skills. We'll have plenty of fun activities, crafts, stories and prizes that celebrate performance. The program is simple: sign up online, read books and earn prizes! Children must be accompanied by a caregiver.

READ-TO-ME

Pre-school (ages 0-5)

July 11, 10:30-11:30 a.m.

July 18 - **FINALE!**, 10:30-11:30 a.m.

This program is for pre-readers ages 5 and under, featuring four weekly read aloud story times, accompanied by crafts, story walks, songs and prizes. Register online, then keep track of the time the child is read to by a parent, friend or older sibling. Get the whole family involved and read together this summer! Children must be accompanied by a caregiver.

TEEN READ

Grades 6+

July 18 - **FINALE!**, 2 p.m.

Join like-minded teens at the library to experience a young adult book club and finale party. Sign up online, read books and earn fun prizes!

ADULT SUMMER READING BOOK DISCUSSION GROUP

July 23, 7 p.m.

New Boy is a bold new foray into the Shakespearean tragedy, "Othello." Set in a 1970s Washington schoolyard, the author Tracy Chevalier follows four eleven year olds: Osei, Dee, Ian and Mimi as they navigate a world of racism, bullying, jealousy and betrayal. Sign up online at <https://garmischlibrary.beanstack.org>, read books and earn fun prizes! Books available at the library.

4th JULY

INDEPENDENCE

Day

SCHEDULE OF EVENTS

*SUBJECT TO CHANGE

WEDNESDAY, 3 JULY

0700 - 1900 Berchtesgaden Eagle's Nest Tour

1000 - 1400 Alpine Coaster Adventure

1030 - 1500 Eckbauerbahn & Partnach Gorge Tour

1600 - 1900 Free BMW Test Drives

Sponsored by Bavarian Motor Cars - Sign up with Representative in Lobby Entry

1815 - 2200 Griesbräu Brewery Tour

THURSDAY, 4 JULY - EVENT DAY

0830 - 1700 Neuschwanstein Castle Tour

1000 - 1900 Free BMW Test Drives

Sponsored by Bavarian Motor Cars - Sign up with Representative in Lobby Entry

1030 - 1630 Bavarian Brotzeit & Ettal Monastery Tour

1300 - 1700 Alpine Coaster Tour (*Special Tour*)

1800 / 1910 / 2020 Horse & Carriage Rides

1600 - 2100 Free Indoor & Outdoor Activities:

Horse Shoes, Bounce Houses,
Washer Toss, Bean Bag Toss, Slackline,
Sumo Wrestling, 3 Legged Races,
Water Balloon Toss, Mass Holding Contest,
Keg Toss, Face Painting, & Toddler Room

1600 - 2100 Outdoor BBQ Tent on the Front Lawn (Weather Dependent)

2000 - 2045 Minute to Win it in General Patton Ballroom

2045 - 2215 Bavarian Dance Show in General Patton Ballroom

2100 - 2330 Karaoke in Zuggy's Base Camp

2215 Fireworks on Edelweiss Front Lawn **Happy 4th of July!**

FRIDAY, 5 JULY

1000 - 1900 Free BMW Test Drives

Sponsored by Bavarian Motor Cars - Sign up with Representative in Lobby Entry

1630 - 2000 Special Korean BBQ Buffet in Market Station

Presented by Chef Choe from Dragon Hill Lodge. Korean specialties. Adults \$15.95 / Kids \$4.95 (ages 5-11)



WHITE WATER
RAFTING



ALPINE
COASTER



KLETTERWALD HIGH
ROPES COURSE

Event Sponsors:



SUMMER SAFETY TIPS

BROUGHT TO YOU BY USAG BAVARIA
ARMY COMMUNITY SERVICE



TAKE A BREAK AT LEAST EVERY 30 MINUTES



&
**DRINK MORE
WATER**

**STAY HYDRATED AND WEAR
PROTECTION DURING THE
SUMMER MONTHS!**

80%

of sun's rays can
pass through
clouds and fog



PREVENT YOUNG CHILDREN
FROM LEAVING THE
HOME UNSUPERVISED.
CONSIDER USING SAFETY LOCKS

**DON'T
FORGET
BIKE
SAFETY**



SPF 5



SPF 15



SPF 30



SPF 50



THE BEST SUNSCREEN STRENGTHS



reapply every
2 HOURS
or
40 MINUTES
when in water

USAG BAVARIA FAMILY ADVOCACY PROGRAM

Rose Barracks DSN 476-2650, CIV 09662-83-2650
Tower Barracks DSN 475-8371, CIV 09641-83-8371

Garmisch DSN 440-3777, CIV 08821-750-3777
Hohenfels DSN 466-4860, CIV 09472-83-4860

Information on Army in Europe Child and Youth Supervision can be found in AR 608-18-1





Hours of Operation

Monday - Friday: 8 a.m. - noon and 1- 5 p.m.

Army
Community
Service

ACS

ARMY VOLUNTEER CORPS

INFORMATION & REFERRAL

FAMILY ADVOCACY PROGRAM

EMPLOYMENT READINESS

FINANCIAL ASSISTANCE

RELOCATION READINESS

GAP DINING OUT JULY 18

Regardless of how long you have been here, this is an opportunity to help you get acquainted or stay connected with your community and its members. We will explore and dine at different restaurants throughout the area. Advanced registration is required by the Tuesday prior.



VOLUNTEERS!

Are you registered in the Volunteer Management Information System (VMIS)? It is a requirement that all volunteers are registered. It is also a great way to track your hours and find out about new volunteer opportunities. Please stop by the ACS office for more information.

NEED TO TALK?

Military and Family Life Counselors (MFLC) are available to help Service Members and their families and can assist individuals, couples, families and groups. To schedule a time to meet, Call 0170-708-0744.

NEW COMMUNITY MEMBERS

Explore the local community and find out how your new community works without doing everything yourself. This is a great opportunity to make some new friends, learn about local culture and experience local transportation. Preregistration required.

NEWCOMER'S BRIEF

Fourth Thursday of every month, 9-10:30 a.m.
ACS Conference Room B203

NEWCOMER'S GAP TOUR

Fourth Friday of every month, 9 a.m.
We'll meet at the ACS Office B203



MEET . DISCUSS . ENJOY . LEARN

NEW!
STARTING
AUGUST 2



BRING YOUR IDEAS
ABOUT LIVING LIFE
IN GARMISCH



COFFEE TALK

FIRST FRIDAY OF THE MONTH
All adult community members are invited

PLEASE CALL FOR LOCATION
AND MORE DETAILS

Army Community Service, B203
DSN 440-3572, CIV 08821-750-3572



garmisch.armymwr.com

SCHOOL AGE CENTER



Hours of Operation

School Days: 2:30 - 6 p.m.

School Out Days: 7 a.m. - 6 p.m.

SUMMER CONTINUES WITH SO MUCH EXCITEMENT!

We will have fun activities every day, with regular adventures like water play, sports and field trips in between!
Join us for a summer of fun!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	SUMMER WEEK 3: TINY CHEFS CULINARY CAMP! FUN GAMES CAMP: \$25 (1-3 P.M.) MTW					
	Honey Baked Bread Water Play Fruit Popsicles	Glazed Banana Berry Cupcakes Blind Taste Test	Tropical Smoothies Culinary Hangman	SAC CLOSED 4TH OF JULY	Chef Charades Water Play Funky Fruit Salad	
7	8	9	10	11	12	13
	SUMMER WEEK 4: MAD SCIENCE! GYMNASTICS CAMP: \$30 (8-10 A.M./ KD+) MTW					
	Time Machine Box Water Play Dirt Volcano!	Straw Rockets Reptile Zoo	Library Forest Time Fun Fitness	Fairytale Forest	Picnic Water Play	
14	15	16	17	18	19	20
	SUMMER WEEK 5: ANIMAL PLANET!					
	Predator Prey Tag Water Play Ice-Dig Animals	Hangin' Snakes Picnic	Library Forest Time Fun Fitness	Animal Rescue & Raspberry Picking	War Memorial Water Play Animal Yoga	
21	22	23	24	25	26	27
	SUMMER WEEK 6: CAMP CREATIVITY!					
	Lights, Camera, Action Workshops Water Play Crazy Choreography	Bounce Arena 9 a.m. - 2 p.m. Razzle Dazzle Slime	Read to PK Forest Time Fun Fitness	Amusement Park	Picnic Hike (no KD) Grand Dance Performance!	
28	29	30	31			
	SUMMER WEEK 7: THE MAGIC OF CAMP! ARCHERY CAMP: \$25 (9-10 A.M. / 7-8 YEARS) (11 A.M. - NOON/ 9 YEARS+) MTW					
	Magic Show Viewing Water Play Card Tricks w/Pete	Magical Accessories Ropes (No K, 1st grade)	Read to PK Forest Time Fun Fitness			



YOUTH CENTER



Hours of Operation

School Days: Monday - Thursday: 2:30 - 6 p.m.; Friday: 2:30 - 10 p.m.

School Out Days: Monday - Friday: 1 - 6 p.m.; select Fridays: 2 - 10 p.m.

SUMMER PART II: PHOTOGRAPHY!

Join us for fun field trips (blue) and sports camps (green)!
Youth are invited on all trips and we hope to see you there – sign up in advance!
The Youth Center will be open until 10 p.m. on July 19!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Personality Tests	2 Assist the SAC with Cooking Club!	3 Apples to Apples	4 YC CLOSED 4TH OF JULY	5 YC open from 1-6 p.m. Yoga	6
7	8 Clay	9 Reptile Zoo (\$10)	10 Lego Challenge	11 Fairytale Forest (\$20)	12 Picnic (\$5) YC open from 1-6 p.m. 4 Square	13
	GYMNASTICS CAMP: 8 - 10 A.M., \$30					
14	15 Watercolors	16 Picnic (\$5)	17 Suspend	18 Animal Rescue & Raspberry Picking (\$15)	19 War Memorial (\$5) YC open from 2-10 p.m. Kids Choice Grill & Night Sports	20
21	22 Spelunky Tourny	23 Bounce Arena (\$10)	24 Song Writing	25 Amusement Park! (\$35)	26 Hike Picnic (\$10) YC open from 1-6 p.m. H.O.R.S.E.	27
28	29 Foosball Tourny	30 Ropes (\$30)	31 Just Dance			
	ARCHERY CAMP: 11 A.M. - NOON, \$25					





AS EASY AS 1....2....3

1. Vehicles must have a valid, up to date U.S FORCES POV REGISTRATION/TITLE/ POL AUTHORIZATION, AE FORM 190-1A;
2. There is no lien holder; and
3. Please call for vehicle drop off appointment as we have to ensure personnel are available to access drop off location.



USAG BAVARIA GARMISCH VEHICLE TURN-IN SERVICE

DISPOSE OF UNWANTED VEHICLES

COST: \$60

WITH THE VALUE ADDED TAX OFFICE

Open for eligible personnel
with SOFA/Logistical Support

CONTACT US FOR MORE INFORMATION

GARMISCH VAT OFFICE,
ARTILLERY KASERNE, BLDG. 203, RM 116A

GARMISCH.ARMYMWR.COM

SPORTS & FITNESS

MUELLER FITNESS CENTER

Hours of Operation

Monday - Friday: 5:30 a.m. - 8 p.m.

Sunday: 10:30 a.m. - 7 p.m.



SAUNA

GYMNASIUM

MASSAGE TREATMENT

PERSONAL TRAINING

VINYASA YOGA

In this class, practice various postures by linking breath and movement together to create a flowing sequence of asanas with a fluid transition.

SLOW FLOW YOGA

The more gentle nature of this class is great for beginners, but is also wonderful for intermediate and advanced students who feel like slowing it down and sinking deeper into their practice.

FULL BODY BLAST

This class combines cardio, strength and power relying majorly on body weight training. Conducted in the circuit training format, the class is designed to challenge you with cardio, build muscular strength while slimming down and strengthening the core.

SCULPT

This class focuses on trimming and toning the core of the body – abdominals, lower back, hips, glutes and thighs.

POWER WALKING

1 hour fast tempo walk covering approximately 3 miles including exercises stops. This class helps to burn fat, shape and tone muscle, build bone strength and reduce stress.

RUNNING DRILLS

If you want to bring your running to the next level this 1 hour outdoor session is designed for you. Class includes 20 min. of jogging in comfortable pace as a warm up followed by few sets of different drills to improve your running technique.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 A.M. POWER WALKING 6:15 & 7:30 P.M. SOFTBALL	2 6:30 P.M. VINYASA YOGA 6:15 & 7:30 P.M. SOFTBALL	3	4 CLOSED Happy 4th of July	5 CLOSED Facility Deep Cleaning	6 CLOSED
7	8 9:30 A.M. POWER WALKING 6:15 & 7:30 P.M. SOFTBALL	9 6:30 P.M. VINYASA YOGA 6:15 & 7:30 P.M. SOFTBALL	10 6:30 P.M. FULL BODY BLAST	11 NOON RUNNING DRILLS 6:15 & 7:30 P.M. SOFTBALL	12	13 CLOSED
14 3 P.M. SCULPT 4 P.M. SLOW FLOW YOGA	15 9:30 A.M. POWER WALKING 6:15 & 7:30 P.M. SOFTBALL	16 6:30 P.M. VINYASA YOGA 6:15 & 7:30 P.M. SOFTBALL	17 6:30 P.M. FULL BODY BLAST	18 NOON RUNNING DRILLS 6:15 & 7:30 P.M. SOFTBALL	19	20 CLOSED
21 3 P.M. SCULPT 4 P.M. SLOW FLOW YOGA	22 9:30 A.M. POWER WALKING 6:15 & 7:30 P.M. SOFTBALL	23 6:30 P.M. VINYASA YOGA 6:15 & 7:30 P.M. SOFTBALL	24 6:30 P.M. FULL BODY BLAST	25 NOON RUNNING DRILLS 6:15 & 7:30 P.M. SOFTBALL	26	27 CLOSED
28 3 P.M. SCULPT 4 P.M. SLOW FLOW YOGA	29 9:30 A.M. POWER WALKING 6:15 & 7:30 P.M. SOFTBALL	30 6:15 & 7:30 P.M. SOFTBALL	31 6:30 P.M. FULL BODY BLAST			

WELLBEATS
Virtual presentation • Live experience
MONDAYS & WEDNESDAYS





2018 Winner: 1st Place, Accomplished, Mixed Media 2D
 "Studio Still Life" • 1SG Amy Brown



The 2019 U.S. Army Arts & Crafts Contest recognizes the artistic talent and creativity in two experience levels and nine categories.

May 6 - July 8 (Entry Deadline)

Enter online at:

www.armymwr.com/artsandcrafts

S  P

PAINT
LAUGH
DRINK
ENJOY

sketch

GARMISCH **CREATIVE** SERIES IN PARTNERSHIP WITH EDELWEISS LODGE AND RESORT

JULY 26

REGISTER BY JULY 24

6:30-8:30 P.M.

PULLMAN CAFE

EDELWEISS LODGE AND RESORT

\$12 PER SESSION, SUPPLIES INCLUDED

REGISTER/PAY AT THE MUELLER FITNESS CENTER B119 OR THE VAT OFFICE B203, RM 116A

NO OUTSIDE FOOD OR BEVERAGE MAY BE BROUGHT TO THE EVENT.

DRINKS CAN BE PURCHASED ON SITE AT THE BAR.

EVENT REQUIRES MINIMUM OF SIX PARTICIPANTS.

WALK-INS WELCOME AFTER REGISTRATION REQUIREMENT IS MET.



garmisch.armymwr.com